## STUDENTS ACHIEVEMENT

Skating involves any sports or recreational activity which consists of travelling on surfaces or on ice using skates.

Roller skating is the travelling on surfaces with roller skates. It is a form of recreational activity which provides a complete aerobic work out and involves all of the body muscles, especially the heart.

In the era of everything computer, its crucial for kids to stay physically fit and have healthy life.Roller Skating is equivalent to jogging in terms of health benefits calorie consumption and leg strength development.

A skating championship was held on 9June,2019 by Maharashtra mandal association.Many students participated in the competition and showed up their talent.

Avani Rane from VII D participated from Winners Skating club and got first position grabbing the gold medal.Also,Omkar Kale of VIID participated from MBB Club and stood and stood first getting the gold medal.

CONGRATULATIONS to our students for their achievements.Keep the good work going on.