

## **Counselling Session For Parents**

“A Parent is a Teacher of home and A Teacher is a Parent at School and The child is the centre of their Universe.”

The school and the family both are really the most important aspects in child's life. They need to work together for the child's development in the areas like physical, cognitive, emotional and social keeping the child in the centre, our school RMDSSDS conducted a guidance session for parents from Mini Kg to Std.X. Our school counselor Dr. Nasreen Patel interacted with the parents in the session.

The Topics discussed in the session were –

- Understand child's area of development
- Need to talk to child
- How to help the child with studies.
- Understanding your TEENS.
- Role of both Parents is important.
- Quality time ;Why is it so important?
- Helping our growing kids.

Parents found the session really helpful to understand their child in a better way. Parents were happy and content after attending the session. The session ended with positive feedback by the parents.

“Being A Parent is all about encouraging and supporting your children in things they enjoy doing.”